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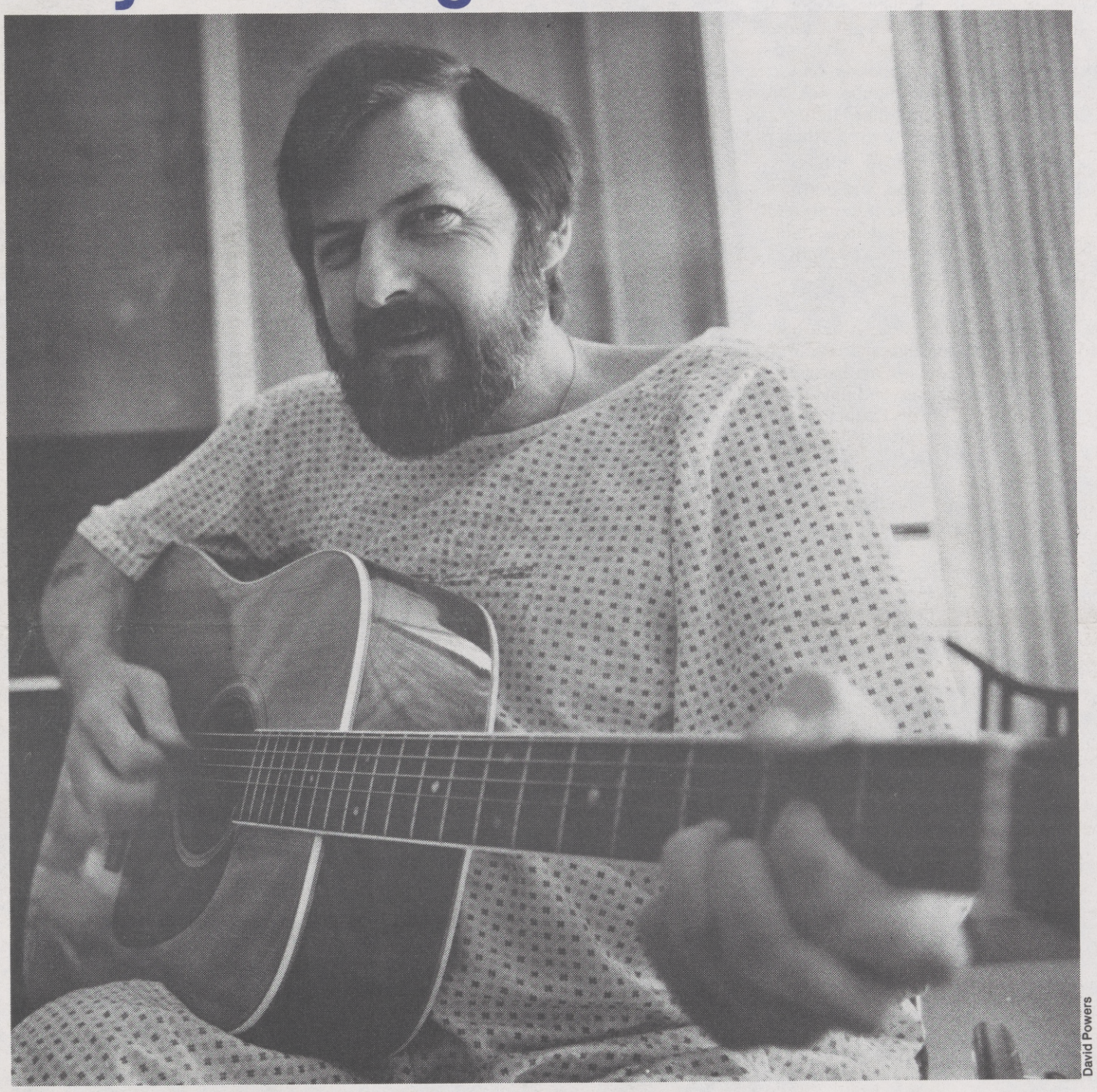
Billy Joe Sings the Blues



David Powers

Billy Joe Tucker, blues man and patient at Moffitt Hospital

Herbert C. Moffitt Hospital . . . looming large on Parnassus Heights on the northern slope of Mount Sutro. Moffitt Hospital . . . part of the University of California, San Francisco . . . site of some very exciting and important clinical and academic health science research and teaching. Moffitt and UC . . . temporary "home" of some 20,500 patients each year, all seeking to be healed.

People have always put words to music as a means of recalling familiar places and capturing a memory. These songs, handed down over the generations, become an integral part of our history. Such is true of cities and towns — "I Left My Heart in San Francisco" and "Chicago, Chicago." A fourth-grade class wrote "Mill Valley, California" a few years ago. We hear these songs, maybe even sing them, and, in our minds, connect the tune to the place.

Cities and towns are one thing. Hospitals are another. They do not usually evoke the joyful spirit of music in most of us and do not inspire songs to be written about them. But now Moffitt Hospital has a song to call its own, written and performed by a very special patient, Billy Joe Tucker.

The song, "Moffitt Blues," was composed by Tucker during his 14-month stay here as a patient, during which time, as a result of diabetes, he had a kidney transplant, his left leg was removed to just below the knee and his right leg to above the knee, and a serious eye condition was treated.

"Moffitt Blues" and two other songs, including "Medicine Man," are about his hospital experiences, and Tucker lovingly dedicates them (Continued on page 5)

INSIDE THIS ISSUE

Millberry! 2

Question Man 3

Graduates Honored 4

She's Determined To Be A Doctor 6

Stress Series Big Success 8

ICN Babies Have Reunion 9

Four Receive Public Service Awards 10

Deya: A Vacation To Remember 11

Physician Group Practice Replaces Medical Clinics

The University of California, San Francisco is one of 15 teaching hospitals in the country named to receive a major grant from the Robert Wood Johnson Foundation to help replace its general medical clinics with physician group practice.

The new UCSF group practice will provide around-the-clock personalized care on a continuing basis to adult patients who presently use the hospital outpatient clinics and emergency room as their regular source of primary care.

The $798,000 four-year grant was awarded jointly to the UCSF Hospitals and Clinics and the Department of Medicine. It will fund a major reorganization of general medicine programs at UCSF that includes both patient care services and residency training.

Until now, ambulatory care at UCSF — as at most institutions — has been conducted in traditional clinic settings, with virtually all care provided by medical students, interns, and residents, under supervision of the faculty.

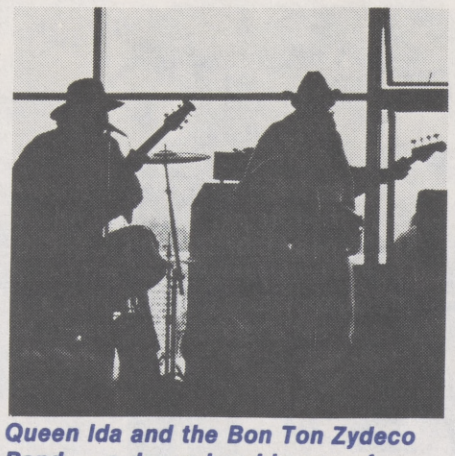
Under the new plan, patients will be registered in one of six faculty-resident group practices at UCSF. Each group practice will provide continuity of care through a permanent core staff that includes a faculty physician, nurse practitioner, social worker, and practice secretary.

The group practice will assume and retain full responsibility for the care of its patients, including referrals to other medical specialists and necessary follow-up hospitalization.

In addition, the group practice will serve as a center for expanded residency training, providing residents with a more realistic setting in which to learn ambulatory care as it is practiced outside the training environment.

The reorganization will involve the creation of two new academic units at UCSF — a Division of Family and Community Medicine, with responsibility for family practice programs at San Francisco General Hospital Medical Center, Fresno Valley Medical Center, Santa Rosa, Salinas, and Fort Ord — all affiliated with UCSF; and a Division of General Medicine, headed by Steven A. Schroeder, MD, which will have responsibility for general medical care at UCSF.

Millberry!



Queen Ida and the Bon Ton Zydeco Band — a dance band in one of Millberry's lounges.

Almost everyone who works or attends school at UCSF has found a reason at one time or another to go to Guy S. Millberry Student Union. Whether for a noontime swim, a browse through the bookstore, a vigorous exercise class, or Thursday's popular Soul Food luncheon in the cafeteria, Millberry is a familiar spot for faculty, students, and staff alike, generally representing a welcomed change from the pace or routine of the day.

In addition to the bookstore and cafeteria, Millberry houses student and guest dormitory rooms and a barber shop. The bookstore, housing office, and food service are, however, independent operations. The Millberry staff includes manager Al Minvielle, Operations and Committee for Arts and Lectures manager Sam Nuccio, Outdoors Unlimited coordinator Steve Leonoudakis, athletic coordinator Wayne Hiroshima, classes coordinator Pati Kuziomko, and Central Desk and evening manager Ronit Milstein.

Activities to develop skills or to provide exercise, relaxation, and fun abound — classes for adults and children in ballet, swimming, jogging, exercise training, gymnastics, African and Latin dance. There's a backgammon clinic, and a graphic design course, photography and racquetball.

A 20-yard swimming pool, fully equipped gymnasium, a game area, music rooms, and TV lounge with a seven-foot advent system are part of Millberry, in addition to an athletic equipment shop.

Services are plentiful, too. Tickets can be purchased through Millberry for performances of the American Conservatory Theatre, the San Francisco Symphony and Ballet, as well as all arts and lecture series at UC-Berkeley. Millberry members have check cashing privileges, and campus departments and organizations have access to facilities for receptions, meetings, luncheons, banquets, parties, and dances. For students, membership at Millberry is paid through university registration fees; employees pay $20 a quarter.

The free noon films and performances at UCSF are offerings of Millberry. So too is the popular evening film series, which features high-quality films, recent and older, at low admission prices.

Outdoors Unlimited, an outdoor activities cooperative and resource center encompassing all areas of outdoor, wilderness, and environmental recreation and education, is also coordinated through Millberry Union.

"The goal at Millberry Union is to create an environment through our facilities and our programs not only for individuals to relax and become revitalized from their everyday routines, but to provide an opportunity for personal growth and development," says Nuccio.

This goal was set in motion in 1921 by the Associated Dental Students, who operated a student-sponsored cafeteria and a dental supply store. Profits of these enterprises were set aside for a proposed student union.

In 1925, Dr. Guy S. Millberry, then dean of the College of Dentistry, began to make preliminary building plans, but the 1929 stock market crash, World War II, and the Korean conflict caused these plans to be postponed until 1953, when the dream was resumed under the leadership of Dr. George E. Steninger. His portrait, along with a photograph of Millberry, hangs in the union. In 1956, ground was broken, and by the end of 1958, at a cost of approximately $5.25 million, the union became a reality. In honor of their contributions, the union and gymnasium were respectively named for Millberry and Steninger.

— Jini Kilgore Robinson

Karen Preuss

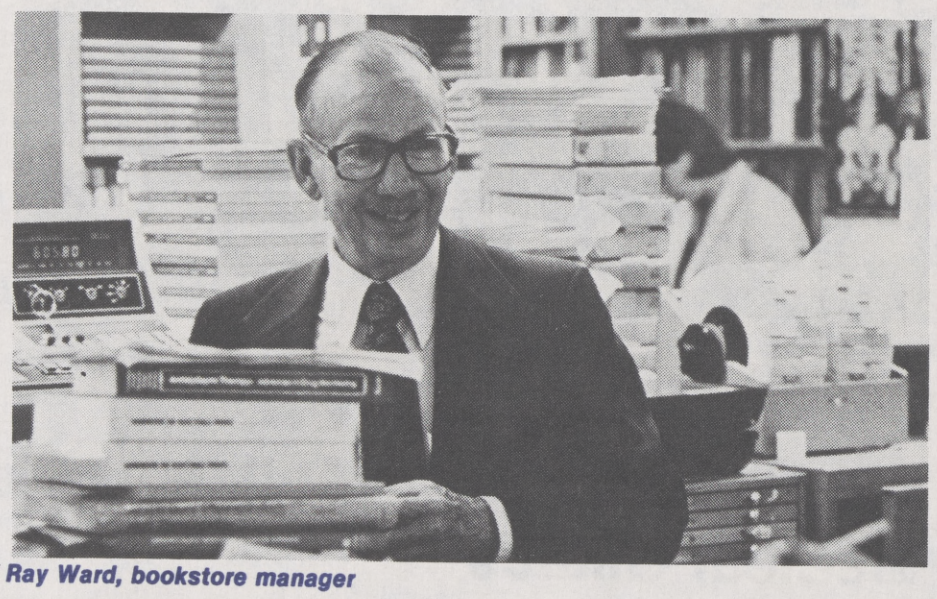
African and Latin dance classes are offered at Millberry.

Millberry staff members are (l-r) Al Minvielle, Pati Kuziomko, Sam Nuccio, Steve Leonoudakis, Ronit Milstein, and Randy Balch.

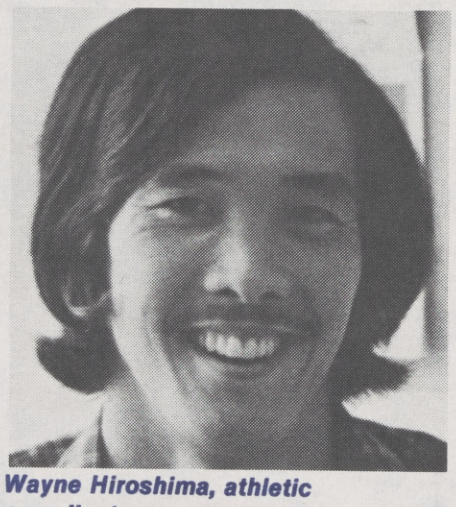
EMR Photography

Dean Linscott (center), a professor of microbiology, teaches folk dancing every Tuesday at noon in Millberry gymnasium — something he's been doing for the past 10 years.

Carmen Miller, Central Desk



Ray Ward, bookstore manager

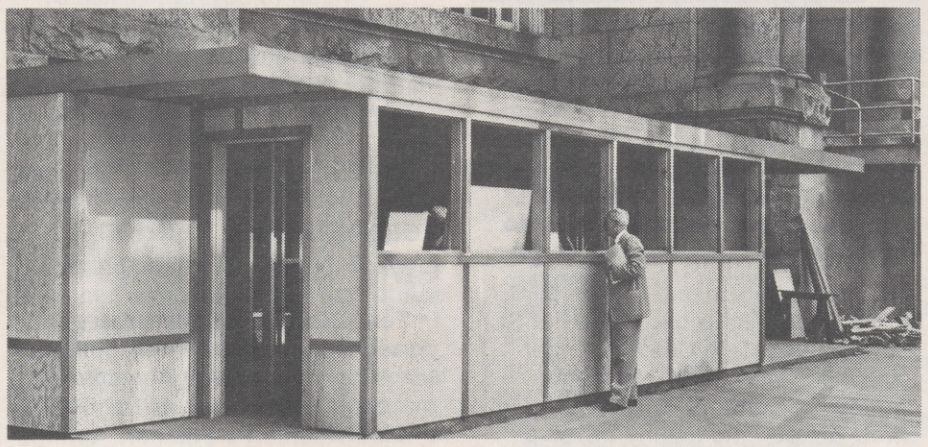


Wayne Hiroshima, athletic coordinator

MU and Bookstore Staff photos by Shirley Peltz

Bookstore staff members are (l-r) Alma Dugdale, John Kay, Helen Ludovico, Tina Dellolio, and Madeline Jasso.

"The Coop" was UCSF's cafeteria in the '40s.



"The Shack" was built after "The Coop" burned down in 1954.

?Man

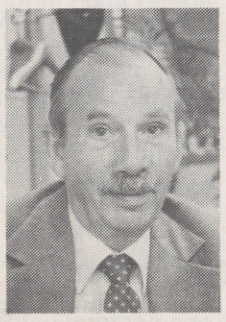
These interviews are conducted by Allen Balderson

What was it like when you first came here?

Photographs courtesy of UCSF Archives

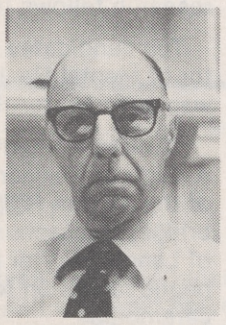
"The Shack" after it was completely built and shingled.

Harriet McGowan



Ray Ward

Barbara Collins



James Cunningham

Celestus Thorne

Robert O'Dea

Donya Harvin

Daniel Corkery

Anna Taylor

Cynthia Taves

Photos by Allen Balderson

Harriet McGowan, nurses' aide, Kidney Transplant Services: I worked in "I" private (Old Clinics Building) when I first came here 30 years ago. I went to the eighth floor, and then I came to KTS about five years ago. Before, you had to lead the patients in and clean up and make up rooms. Now we don't do that. The University has changed — it is a city within a city, but it doesn't bother me. I still know a number of people here. I don't miss the older buildings. I used to eat at the Coop — good food and inexpensive. It was the only place they had at that time for the employees.

Ray Ward, management services officer, Millberry Union: I have been here for 40 years, but I didn't start out as a University employee. I started in Food Services, owned by the Associated Dental Students. Our cafeteria, called "The Coop," was where the library is now. There was no Medical Sciences or Moffitt. It ran eight entrees a day — roast beef every day. Some of the people said it was the best food they ever ate on campus. You could get a good hamburger and shake for 25¢ each. The Coop burned down in 1954, then we built another cafeteria called "The Shack." I became a UC employee in 1958, when UC bought the Coop from the ADS, and I started running the bookstore. It was small.

Barbara E. Collins, principal admitting worker: The place was much smaller 29 years ago. So many of the people here only worked half a day — parking was very easy then. There was no place to eat except this little old shack, called "The Shack," where nonmedical people ate. You used to know everyone that was working here — residents, nurses, even patients who were constantly returning. We were like family to a lot of patients. When it was smaller, I think we gave more personal attention. I remember stories my Dad told me about what it was like here around 1916-17. There were no paved streets, just red rock. Nurses had to make their own dressings and bandages and they even cooked the patients' breakfasts.

James R. Cunningham, computer systems analyst, Hospital Information System: When I first came here in 1955, the billing system was NCR bookkeeping equipment. It was limited, but we managed to get an awful lot of work done. At that time my job was to develop a data processing system to produce a hospital census daily. The initial planning was done by folks at UCLA. It was the first data processing system here. In terms of the type of person that works at UCSF now and how that has changed, the idea of analysts didn't exist then, perhaps because the operation of units wasn't as complex as it is now.

Celestus Thorne, linen service supervisor, Laundry/Linen Service: I came here in 1954, when I got out of the service. At that time we did laundry for Berkeley, Davis, and our hospital. We had 17 dryers, and I worked all 17 of them. Like I said, it was rough, but I was young; I could take it. I was only making $1.24 an hour. That's what I started at. When I was made supervisor, I was making $3. Now that was making money! We have a lot of new machinery now. Friends and my brothers used to say I should be making more money, but I said, as long as people get sick, I'm going to have a job.

Robert O'Dea, sergeant, Police Department: I started as a patrolman in 1952, and, of course, the first 12 years I worked strictly night-patrolling the campus. We had the main buildings on Parnassus, including a seven- or eight-floor nursing building, where the Child Care Center is now. They had their graduation there in the seventh-floor auditorium. We had no radios then. We would have to call the telephone operator periodically to see if anything was doing. Unfortunately, as the University has grown, it has become less personal. In those days you knew everybody — the cooks, nurses, patients — so you had this feeling of comradery.

Donya Harvin, psychiatric pediatrician: I came here in 1949 as a psychometrist. I essentially did the same things I do now — assessing children's development, their language skills, cognitive abilities, and what not. However, it was more of a technical process then; I would give my findings to a physician or a pediatrician. After completing further graduate studies, I now have full responsibility for my patients. I follow through with recommendations, at least in terms of schooling, and therapy. When I first came here, the emphasis usually was on whether or not the child was mentally retarded. Gradually we have become more sophisticated, and realize now there are many shades of gray between being normal and retarded.

Daniel J. Corkery, senior brace-maker, Orthopaedic Surgery: It was all steel braces when I first got here in 1951. We would start from scratch like a blacksmith — pound out our own joints, weld them up. Now everything is prefab, and we do a lot of plastic. A long leg brace used to cost $80–$100; now it costs about $1,000, and you're not getting as much. In the old days we didn't have the volume of work we have now. In fact, people hardly ever knew we were here. They finally put us under Orthopaedic Surgery; we go to school; and they treat us more professionally now.

Anna Dell Taylor, principal food service worker, General Clinical Research Center: I started in Dietetics in 1949. Nutrition and Dietetics is something of a new name. I now prepare for patients who are part of special research studies. I feel I have come through the ranks. Throughout the years we've had new and better scales to weigh the food. Also, at one time, before the tinfoil dishes, we had metal dishes. We had to weigh the pan, cook the food, then weigh the pan again.

Cynthia Taves, laboratory technician, Clinical Labs: There were only 17 medical techs in the entire laboratory when I started. I'd venture to say there are 60 to 100 now. In those days, we used to rotate every two months in five different departments. After a while, though, it got so two months wasn't enough time to learn and still be productive. Now, we still get our training in all five fields, but we are permanently in one. We have become specialists. Laboratory Medicine, in the process of 25 years, has become a real tool for doctors and serves a much greater purpose than it did before. The doctors use it more, and the results are more reliable.

Graduates Honored

Older Adults Graduated From Child Care Program

Sixteen older adults who have been working as trainees in child care settings in San Francisco were acknowledged as graduates of an eight-month child care training program at UCSF on June 11.

The seniors, who represent various backgrounds and cultures, were exposed to current philosophies in child care through lectures, discussions, and workshops. These sessions, designed to enhance their understanding, communication, and skills in caring for children, were part of the "Intergenerational Caregiving Project," a brand-new program with funds from the California Post Secondary Education Commission.

Coordinator Carol Hardgrove noted in a case study report of program participants, "Too often we find that our students, especially in the beginning, hold themselves back. They often assume that their knowledge is outdated, their interventions and self-initiated activities unwelcome."

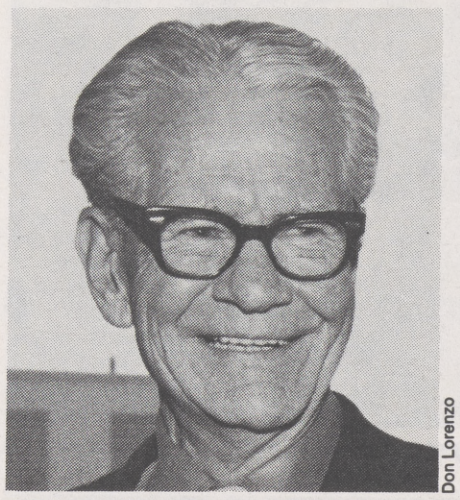
The faculty consisted of professors of human development, experienced child-care givers, and other older adults who are currently in community service. They addressed this concern as they worked closely with the students — sometimes to expand concepts, such as one 70-year-old's that her goal was to "help children to be nice," and at other times to boost the confidence and add to the skill level of those who weren't certain that anything they did was right.

But some of the students brought with them qualities that could do nothing but elicit admiration from the hospital unit and child care center staff members. Seventy-three-year-old Bill Leggat was an example. Hardgrove said of him:

"Mr. Leggat is a widower with three grandchildren. He is tall, elegant, carefully dressed, well-spoken. . . . He has participated at the Child Care and Study Center at UCSF, creating his own role, which is to help the children get to their naps, soothe them as they go to sleep, and help them dress when they wake up. . . .

"It was a beautiful experience to watch him move slowly to the cot of a stirring child, sit quietly while the child awoke, and then begin to help him ready himself for the afternoon in an unhurried, deliberate way, occasionally talking with him in a soothing, rumbling, easy manner that left him free to respond or not. As each child finished dressing, he or she would stroll off to the next activity with an ease that is too often lacking at wake-up time in centers where such individual, soothing assistance is not available."

Hardgrove said Leggat possessed "a clear sense of himself and his role," something the faculty worked with each student to develop. She said he once told of an incident in which he was standing in the playroom, when someone suggested that he make himself useful by mopping



Don Lorenzo

Bill Leggat's easy manner with children at the UCSF Child Care and Study Center creates a peaceful atmosphere.

the floor. " 'I don't think that's what I'm here for.' " Hardgrove said he responded kindly but definitively to the person who made the suggestion.

Training placements for the caregiving project have been made at St. Patrick's Day Care Center, Tenderloin Child Care Center, Stonestown 'Y' (Jewish Community Center), John Swett School, the Family Development Center, San Francisco General Hospital Department of Pediatrics, Moffitt Hospital Department of Pediatrics, and the UCSF Child Care and Study Center.

"We're urging these centers to make these placements permanent," says Hardgrove, associate clinical professor of nursing and pediatrics.

Saltiel Receives Bowl of Hygeia

Manuel Saltiel was honored on June 21 by the School of Pharmacy as the 1980 graduate "who best demonstrates the qualities and ideals of pharmacists."

Acting Dean Eugene C. Jorgensen presented Saltiel with the highest award of the school — the Bowl of Hygeia — following speeches that included the commencement address, "Where is Pharmacy Going?" by Jere E. Goyan, commissioner of the Federal Drug Administration, who is on leave as dean of the School of Pharmacy.

Commencement was held at the Palace of Fine Arts in San Francisco before a crowd of 106 graduates and their families and friends.

Akiko Kasuya and Stephen Paul Wenger were cited along with Saltiel for honorable mention.

The three honorees were among 96 students receiving the Doctor of Pharmacy degree and among 10 who were awarded the PhD degree.

Teaching Recognition Given to Four

Four UCSF faculty members received top recognition for their teaching ability during the commencement exercises of the School of Medicine.

The Kaiser Awards for Excellence in Teaching, established by the Henry J. Kaiser Family Foundation, were presented to Myles B. Abbott, MD, volunteer clinical faculty; John P. Cello, MD, and Richard J. Haber, MD, co-winners for full-time clinical faculty; and Allan H. Mines, PhD, basic sciences.

302 Graduated from School of Nursing

Degrees were conferred on 302 graduate and undergraduate students from the School of Nursing in ceremonies held on June 14 at the Marin Civic Center.

The baccalaureate degree was awarded to 140 students and the master's degree to 162.

"Nursing's Future: Choice or Chance?" was the topic of the keynote address, which was delivered by Maria O'Rourke, RN, a doctoral candidate. Graduate student Brenda Haynie also gave a talk, and a slide presentation was made by Lorna Watt, representative of the undergraduate class.

The Teacher of the Year award was given by the undergraduate class to Elizabeth Ryan, a lecturer in the Department of Nursing in Biological Dysfunction.

48 Graduated from LPPI and Department of Psychiatry

Commencement exercises were held for the Department of Psychiatry and Langley Porter Psychiatric Institute on June 6 in 301 Health Sciences West. Forty-eight students, residents, and fellows were graduated, including 14 residents from general psychiatry, two chief psychiatry residents, six child psychiatry fellows, one chief child psychiatry fellow, seven fellows completing their internship in clinical psychology, two postdoctoral fellows in clinical psychology, one postgraduate fellow in clinical psychology, and five postgraduate research fellows in psychiatry.

Ten candidates received the Doctor of Mental Health degree, which was awarded for the first time.

Commencement speaker was Otto A. Will Jr., former medical director of the Austen Riggs Center, Stockbridge, Massachusetts. The Friends of Langley Porter hosted a champagne reception following the ceremonies.

Carmona Receives Gold-Headed Cane

Richard H. Carmona, MD, 30, received the prestigious Gold-Headed Cane Award of the School of Medicine at commencement exercises for 153 students on Saturday, May 24.

The highest honor a graduating medical student can receive, the cane is presented to the senior judged by classmates and faculty as best exemplifying the qualities of a "true physician."

The tradition of the gold-headed cane originated in a 17th-century English medical society. The honor was initiated at UCSF in 1939.

This year's five nominees, who were inducted into the distinguished Gold-Headed Cane Society the previous evening, were Carmona, who currently is completing his surgical internship at UCSF, where he also plans to continue his residency training; Celia Maria Moreno, who plans to complete her residency at UCSF's Langley Porter Psychiatric Institute; Darian W. Morray, who plans to complete his residency in family practice medicine at Ventura (Calif.) County Hospital and then serve as a primary care physician in the National Health Service Corps; Jennifer A. Pratt, who plans to take her internship in medicine at Beth Israel Hospital in Boston; and Andrea J. Ruff, who plans to take her residency in pediatrics at the Children's Orthopedic Hospital, Seattle.

Two UCSF emeritus professors were made honorary members of the society at the induction ceremony. They are Edwin B. Boldrey, MD, neurosurgery; and Otto E. Guttentag, MD, S. Hahnemann professor emeritus of medical philosophy.

The prestigious William J. Kerr Gold-Headed Cane Lecture was delivered by Henry S. Kaplan, MD, Mauren Lyles D'Ambrogio professor of radiology at Stanford University School of Medicine.

Pharmacy Fellows Named

Six School of Pharmacy graduate students have been named 1980-81 Fellows of the American Foundation for Pharmaceutical Education. They are Thomas F. Woolf, Philip C. Smith, Patrick Noonan, Mark Reynolds, Joe Wayne Keepers, and Jeffrey M. Blaney. Woolf also has been awarded the H.A.B. Dunning Memorial Fellowship, and Smith was selected as the first recipient of the new Merck-AFPE Pharmaceutics Fellowship.

Commencement for 86 School of Dentistry Grads

Eighty-six senior dental students and 24 senior dental hygiene students received their degrees at the 98th commencement exercises of the UCSF School of Dentistry, June 14, in the Masonic Memorial Temple.

The annual precommencement awards ceremony was held on June 11. Awards were presented to 26 outstanding students; among them:

David G. Molina received the **Robert W. Rule Jr. Award,** "honoring the fourth-year student who has demonstrated high academic achievement, superior clinical skills, exemplary character, and the highest potential to succeed in the dental profession." Molina also received the **Quintessence Book Award** "for excellence and leadership in the study of dentistry."

Craig A. Johnson won the **Milton F. and Mary A. Gabbs Award** for "the fourth-year dental student who has most consistently displayed both the highest intellectual achievement and moral character befitting his profession." Johnson also was presented the **Forrest H. Orton–J. Raymond Gill Award** "in recognition of outstanding achievement as a student in fixed prosthodontics," and he received one of the three **Guy S. Millberry Awards,** "for scholastic standing and future professional potential."

James A. Schwellenbach won the **Alpha Omega Fraternity Award,** given to "the fourth-year dental student who attained the highest scholastic average in four years of dental study." Schwellenbach is also one of the three UCSF alumni newly named to the **Omicron Kappa Upsilon** honor society.

Maria P. Molina, another triple winner, was awarded the **Dental Hygiene Professionalism Award,** given "to the second-year dental hygiene student who has consistently demonstrated professionalism"; the **Northern California State Dental Hygienists Award,** "in appreciation for distinguished service"; and the **San Francisco Dental Hygiene Award,** "for dedication to the goals and advancement of dental hygiene through continuous participation in the professional organization."

Claudia M. Masouredis won the **Dental Hygiene Community Service Award,** given "to a second-year dental hygiene student in recognition of outstanding community service on and off campus," and the **Senior Dental Hygiene Recognition Award,** given "to the graduating dental hygiene student who has shown the most interest, accomplishment and promise."

Billy Joe

(Continued from page 1)

to the many people who have in one way or another lightened his days during his long hospital stay.

He is particularly grateful to the kidney transplant team and the nurses on Eleven North-South, where he spent most of his time as a patient. His gratitude to these people seems total. He says, "I had some real tough days after my last surgery [the above-the-knee amputation of his right leg], and I didn't know if I could go on. Without my doctors, the nurses, and my faith . . . I don't think I would have made it." A deeply spiritual man, Tucker believes that, despite his many difficulties, he has been richly blessed by the fine medical and nursing care he has received at Moffitt.

Tucker is the type of rare individual we all hope to meet some day, yet seldom do. His warmth, sense of gratitude, abiding faith, and invigorating humor are remarkably inspiring. Somehow, these characteristics belie the very real and deep physical suffering he feels.

Born in Oklahoma, and reared there and in Los Angeles, Tucker has been a musician for most of his 43 years. He is a former band member of the T-Bones, who wrote the original Alka-Seltzer song, and of the Markettes, who wrote "Outer Limits." He has performed with such country-western stars as Glen Campbell and Roger Miller and co-authored songs with the late Dorsey Burnett of "Tall Oak Tree" fame, and "Hey Little One" (a Glen Campbell hit). Tucker was no stranger to the entertainers' hangout — The Pancake House — on Sunset Boulevard in Hollywood. He performed benefits, especially for crippled children, with the Sam Masters Group. He now lives in Carson City, Nevada.

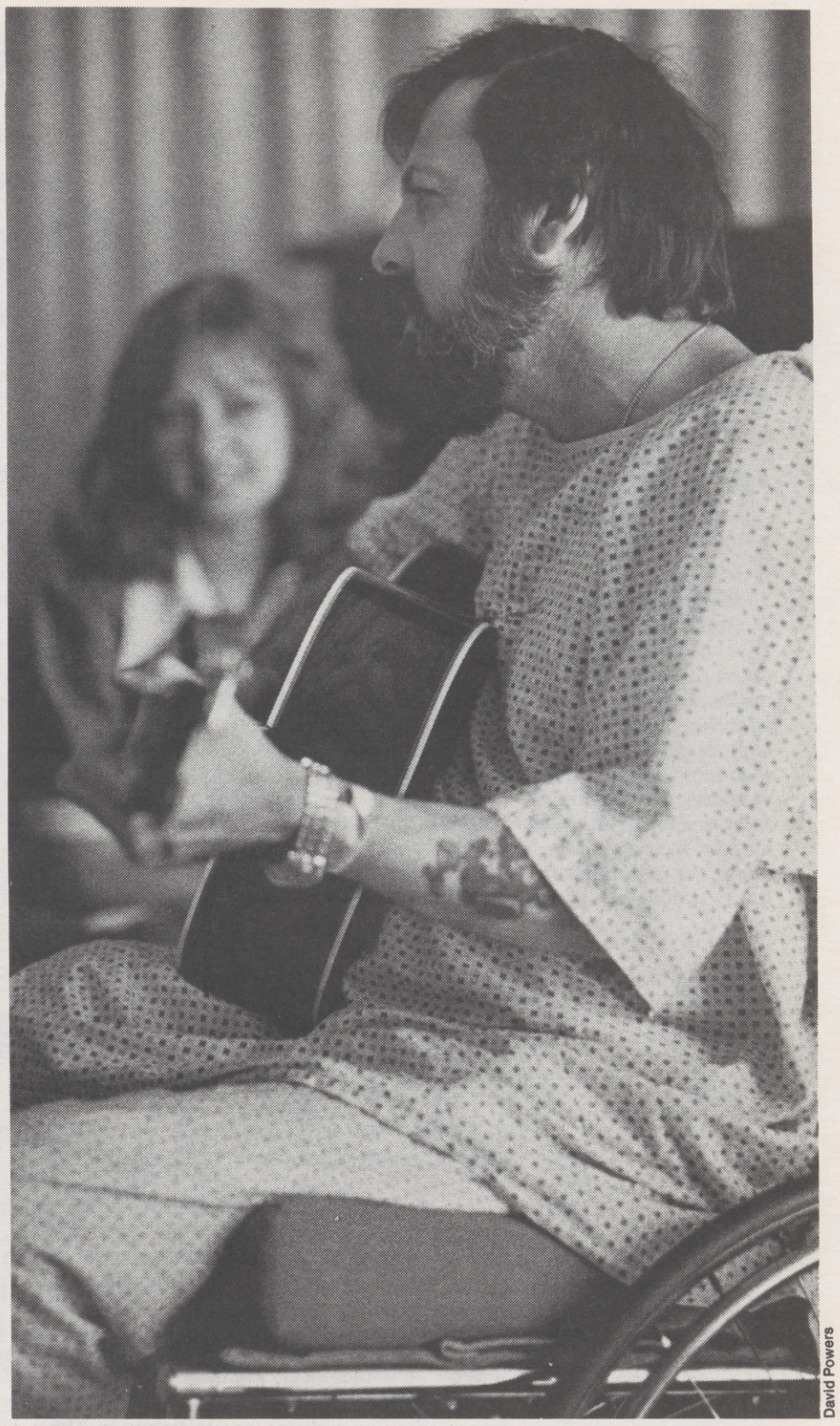
Tucker's dream is one day to make an album of his songs. He says that he has "lots of good tunes and material" and only lacks the financial support for such a venture. "The album will be called *Doctor Rock and Billy Joe* and the album cover will show two masked surgeons bending over an operating table. The only difference is, there will be a guitar on the table, not a person," he explains.

Until this dream of making an album can be realized, the fame of "Moffitt Blues" will have to be confined to the audience of San Francisco FM radio station KPOO. Hal Duhon, a part-time KPOO disk jockey and evening unit secretary in Moffitt, is responsible for giving "Moffitt Blues" air time.

It was through the "hospital grapevine" that Duhon heard about "Moffitt Blues." Duhon said that someone from the eleventh floor told him about it and thought he might be interested, since he works at a radio station. Duhon met Tucker and heard a tape, and it was then that "Moffitt Blues" made its Bay Area debut. Since then, it has been played four or five times. The audience reaction, according to Duhon, has been quite positive. Several have called KPOO to say that they enjoyed "Moffitt Blues," and thought it was a good addition to their usual musical selection. One person asked where he could buy the record.

The major task for Tucker right now is to regain the physical strength he lost during his long hospital stay. But he is a man with a dream and has the spirit, will, and talent to help make it come true. Whether or not "Moffitt Blues" becomes a platinum record doesn't matter to Tucker. What does, is that he have the opportunity to share his songs and a part of himself with the rest of the world.

—Molly McGinty



David Powers

Moffitt Blues

Me and my buddy really got the blues
doctor walked in with some old bad news.
Taking these pills every night and day
hoping we'll get back on our feet some day.
I got the Moffitt Blues — on down to my shoes.
Lordy, Lordy, I've got it — I got the Moffitt Blues.

Now the sun comes up about five o'clock
nurses and the doctors, they're beginning to rock.
System of living is hard to do — you're
laying on your back with the Moffitt Blues.
I got the Moffitt Blues — on down to my shoes.
Lordy, Lordy, I've got it — I got the Moffitt Blues.

Well I got my transplant on the 14th Floor
would have had two, but they said, "No More!!"
Now everything's rolling — Lord, that ain't jive
blood pressure humming, creatinine one-five.
Got the Moffitt Blues — on down to my shoes.
Lordy, Lordy, I've got it — I got the Moffitt Blues.

All you can do is some praying Lord,
listen to what I've been saying
It's all been said a hundred times before
Lord, help me up so I can make it out the door
And lose the Moffitt Blues — on down to my shoes.
Lordy, Lordy, I've got it — I got the Moffitt Blues.

Now the song is written as the day goes by
Preacher Jack, he's preaching — keeping us high
Joe and Old Sal they got nothin' to do
but lay on our back and sing the Moffitt Blues
I got the Moffitt Blues — on down to my shoes.
Lordy, Lordy, I've got it — I got the Moffitt Blues.
Lordy, Lordy, I've got it — I got the Moffitt Blues.
Lordy, Lordy, I've got it — I got the Moffitt Blues.

Medicine Man

It just takes time for the Medicine Man
Tryin' to do all the best that he can
It takes time — we've got to understand
He's doin' his best now — he's the medicine man
Hey, doctor — can't you heal my pain?
Hey now, doctor — can't you heal this pain?

It just takes time for the Medicine Man
Tryin' to heal us now — all the best that he can
It'll take time — we've got to understand
So give him a chance — a break now.
He's the Medicine Man — he's the Medicine Man.

So many times doctors get on their way
Reading their books alone — just to studying every night and day.
Trying to heal all the bodies that are hurting down inside
The ones that are crying out for someone to help them
Because they just want to hide.
Yeah — I know they take, and they put them IV's in and out,
Sticking all this stuff in our bodies
that we don't know about.

But you know, people — if it wasn't for
these great men of science — these doctors
I wonder what we'd be doing
We'd be lying on our backs — every day.
So, let's give them a chance now
So they can heal our bodies and make us well
Cause Lord knows they're so great — the Medicine Man.

It just takes time for the Medicine Man
Trying to do all the best that he can
It takes time — we know — we've got to understand
So give him a chance to heal us — he's the Medicine Man.
He's the Medicine Man.
He's the Medicine Man.

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She's Determined To Be a Doctor

In 1979, core teaching in surgery and anesthesiology was established at Mount Zion Hospital and Medical Center. Core courses are usually taken during the third year in medical school, requiring a specified number of hours in the clinical setting. About 100 UCSF students go to Mount Zion each year for core training. The story at right is about a third-year medical student in the surgery program, under the direction of Jacob Abouav, chief of surgery.

In 1969 her name was Janice Porter. She was 15 years old, unmarried and pregnant. Today she is Ahimsa Sumchai, wife of an electronics engineer, mother of two children, and a medical student who plans to become a neurosurgeon.

The story of how the Janice Porter of 11 years ago became the Ahimsa Sumchai of today is nothing short of inspirational. However, the petite young woman modestly resists praise for her accomplishments. Instead, she says none of it could have happened without Mount Zion.

"I had been doing well in school when I got pregnant," Ahimsa recalls. "I could have had an abortion, but the baby's father was very caring and we both wanted the baby."

Her father took her to Dr. Thurml Banks, a Mount Zion attending obstetrician. Dr. Banks referred Ahimsa to the teenage mother program, a division of Mount Zion's children and youth project, which provides comprehensive health care to San Francisco children. The children and youth project is partially funded by federal Title V money through the Maternal and Child Health Division of the State Department of Health Services. The teenage mother program (TAM) is operated cooperatively with the San Francisco Unified School District and the young women referred to the program attend daily classes at Mount Zion.

"School was an important option for me," Ahimsa says, "I didn't want to stay home and watch television, and I was glad there was a place I could still go to school."

It was the health education sessions that began to shift the direction of Janice Porter's life. Structured to allay the fear of childbirth, the program presented to the young mothers included the physiology of pregnancy along with instruction in hygiene, dental care, and nutrition.

"I was enthralled by the biology of it all," Ahimsa recalls. "I read everything I could get my hands on about how the body works. I began to develop an appreciation of how life happens."

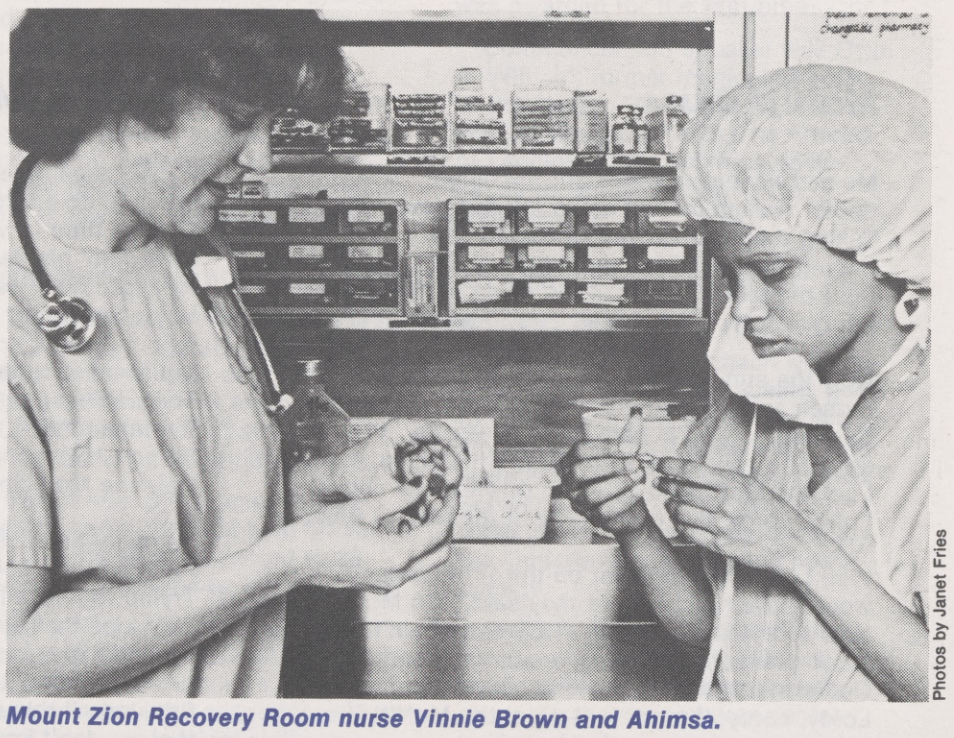
Something more subtle was also taking place in her mind — something she didn't totally perceive at the time. "I began to be aware of a world outside the one I knew. Many of the people running the TAM program were black — the doctor, the social worker, and the hygienist. I had never seen a black person working in a professional capacity."

Ahimsa Sumchai with her husband Mujahidun and children Ankhnaton (l) and James.

Janice Porter spent five months in the TAM program until her son James was born — "without fear" as she puts it — and she brought him back to the well baby clinic for two months following his birth. After her "graduation" from the program, she married the baby's father and returned to school.

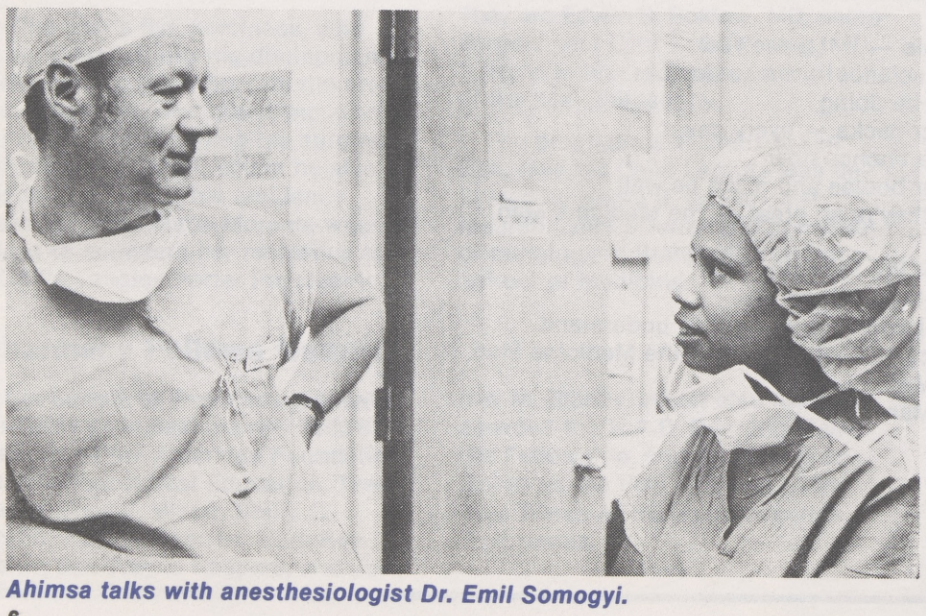
But something had changed. The young mother attending classes at Woodrow Wilson High School had new goals — goals her young husband couldn't understand. Education had become a necessity and she strived for academic excellence. Her counselors advised her to consider college and she applied for scholarships. Along with her acceptance to college came the dissolution of her marriage.

She was forced to make a career decision in 1973 when her mother committed suicide. "I suddenly knew I had to take on major responsibility and I decided right then I



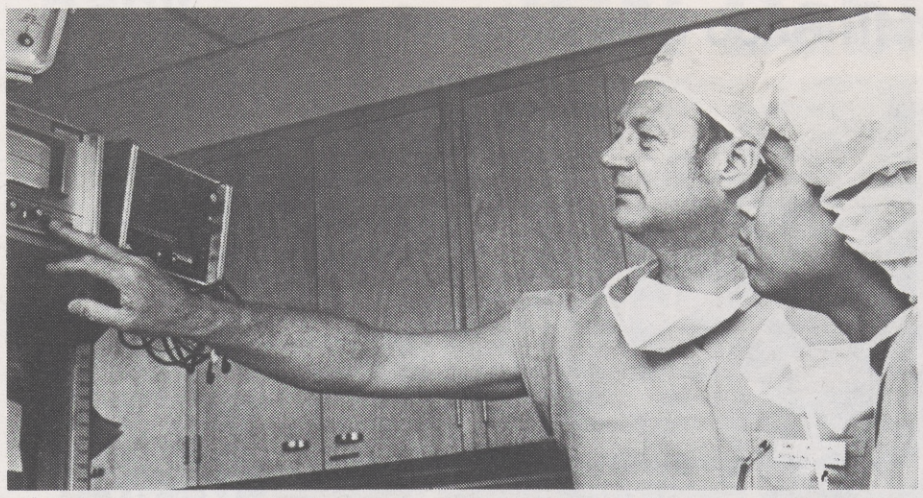
Photos by Janet Fries

Mount Zion Recovery Room nurse Vinnie Brown and Ahimsa.



Ahimsa talks with anesthesiologist Dr. Emil Somogyi.

The Sumchai family enjoys an afternoon in the park.



Ahimsa and anesthesiologist Dr. Emil Somogyi view a monitoring device together.

Ahimsa scrubbing for surgery.

was going to be a doctor. My mother had mental problems for years and her suicide made me realize I wanted to learn how such things could happen. I think I even decided then to be a neurosurgeon."

With her goals now defined, she changed her major to physiology and behavioral biology, adding a fifth year to her undergraduate schooling. It would seem enough challenge at this point to face the prospect of getting into medical school and finding the financing. But her life took another fateful turn. She met and married Mujahidun Sumchai, a fellow student, and legally changed her given name to Ahimsa, a Hindi word meaning no killing.

Upon acceptance into medical school at the University of California, San Francisco, Ahimsa faced a new dilemma. "I wanted to have another baby. I knew if I waited until I finished medical school it would be six or seven years before I could even think about it. But there was no doubt in my mind I wanted to go to school." Never considering that it might be more than she could handle, she decided to go ahead with having a baby. Her second son, Ankhnaton, was born at Mount Zion, October 9, 1977, a Sunday. On Tuesday, she was back in class at the medical school.

During the first two years of medical school, which were devoted to academic subjects, Ahimsa thought she had finally exceeded her limits. "Dragging two kids along through medical school nearly broke me down," she remembers.

Of course she didn't break down and last fall, as a third-year student, she began her clinical training at the university's teaching hospitals. The struggle is now paying off.

This spring Ahimsa returned to Mount Zion — as a medical student enrolled in the core surgery curriculum. "It's so ironic being here," she says with tears in her eyes. "This is truly a place of hope for me.

"Since I started medical school I've been in several hospitals and I've seen people I grew up with brought into emergency rooms near death from violence or drugs. I could have been one of them. Instead, I'm back walking the halls of Mount Zion and telling myself, 'I'm going to be a doctor.' "

— Patricia Newman

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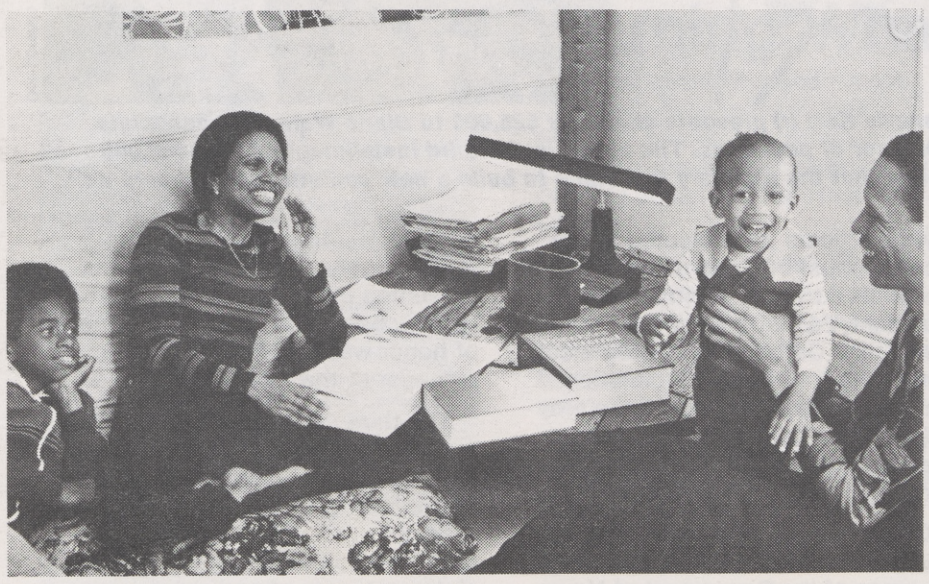
Photos by Janet Fries



Ahimsa relaxes at home with her family.

TRANSPORTATION

• UCSF Transportation Services has a specially equipped van for shuttle service for students, faculty, or staff who use wheelchairs. The van features a wheelchair lift, and can accommodate two wheelchairs, which are secured in place once in the van. Transportation to the ALDEA Married Student Housing Complex, and to the USPHS, VA, and SFGH hospitals will be available. Please call Transportation Services to make arrangements for this service.

• Transportation Services urges members of the campus community to take advantage of its Emergency Services Program, available to anyone who doesn't commute via single occupant automobile. Persons who live outside of San Francisco are taken to BART stations, SamTrans, or AC Transbay Terminals, or to Golden Gate Bridge bus stops or the ferry terminal. Residents of San Francisco are taken to their homes. Transportation Services considers emergencies to be illnesses or accidents at schools or child care facilities that necessitate the immediate presence of the parent, residential emergencies (fire, burglary), unscheduled emergency doctors' appointments, and work-incurred injuries. "We are happy to be of service to you — remember we are as near as your telephone — just dial Extension 1511," says transportation broker Helen Kirkpatrick.

• A new service provided by Transportation Services is an information table in Medical Sciences lobby the second Tuesday of each month, and departmental consultations offered by transportation broker Helen Kirkpatrick. The information table has maps, public transit schedules, sign-up sheets for carpools and vanpools, plus information on pools and routes. Kirkpatrick says that in addition to operating the table, she will visit any department to discuss with employees the transportation services offered at UCSF.

• T-shirts with the "Pool It!" logo in yellow and blue are available from Transportation Services for $2 each. The T-shirts will be sold at the Visitors Information Bureau in the Medical Sciences lobby between 10:00 a.m. and 1:00 p.m., Monday through Friday.

Don Lorenzo

Van with special provisions for wheelchairs is a service offered by UCSF Transportation Services.

Three Win Suggestion Contest

UCSF employees have once again responded to a call for ride-sharing suggestions issued by the Parking and Transportation Task Force. Winners of the recent transportation suggestion contest contributed new ideas and methods to influence people to use public transportation or carpools and vanpools to come to work.

Winner of the last suggestion contest, James Banish, project coordinator in the Office of Design and Construction, submitted a photograph of obviously contented carpoolers, for which he received a $40 gift certificate for the Mandarin Restaurant.

A pen drawing of a clown holding a balloon and showing alternatives to driving alone to work was submitted by Carol Ferguson, secretary II in the Family Health Care Nursing Department of the School of Nursing. Ferguson won a $40 gift certificate for Macy's.

Kenneth Lem, lecturer and director of Continuing Education in the School of Pharmacy, suggested that Transportation Services provide information comparing the latest computations of cost per mile to campus from the various starting points of UCSF faculty and staff to carpool and public transportation costs to and from those same areas. Lem was awarded a $40 gift certificate from Macy's for this suggestion.

BENEFITS

The University of California Retirement System recently has initiated a quarterly statement for the UCRS additional retirement income programs. These first quarter statements were mailed to home addresses of all participants in the fixed and variable annuity programs. The statements do not include a member's accumulations in the basic UCRS plan.

UCRS basic accumulation statements are issued only once each fiscal year, dated July 1, and usually mailed in September. The new quarterly statements have been issued with the intention of helping participants know more about their additional retirement accounts.

The Fixed Annuity Program has recently changed the interest rate. It will fluctuate each month depending on current investments, but will not go below 8 percent. Interest rates paid each month this year are 8.58 percent for January, 8.80 percent for February, 9.41 percent for March, and 9.68 percent for April.

The additional retirement income programs permit participation on a tax-deferred basis or on an after-tax basis. Money can be placed in the Fixed Annuity, the Variable Equity, or the Variable Bond program. There are five more paydays (July to December) for those who wish to participate on a tax-deferred basis for a 1980 tax advantage.

Booklets describing these programs are available in the Personnel Department, Room 64-U.

Training and Development's Stress Series Big Success

The telephone rings in the office and is quickly answered by the secretary, who has, moments before, received a less than favorable performance evaluation. The caller is demanding and impolite, but the office is service-oriented, and employees know how to keep their heads in unpleasant situations. However, the combination on this day of the poor evaluation and the call prompts the secretary to break the rule. She shouts back at the disrespectful caller and is strongly reprimanded by the office manager. Her job is now at stake, except for the intervention of her sympathetic supervisor.

Stress. An uncomfortable pattern of communication has occurred. Unpleasant words demand some sort of response. The distraught secretary's response is a mixture of disappointment and anger, which quickly turns into remorse.

Transactional analysts, according to Jane Haggstrom, associate superintendent of nursing at Langley Porter Psychiatric Institute, regard this pattern of communication as the savior-victim-persecutor triangle. And, while Haggstrom is quick to admit that not everyone agrees with this description, it works this way:

The rude caller is the persecutor, the secretary, a victim of the caller, the office policy, and the office manager. She is saved by the sympathetic supervisor who "understands her situation."

Haggstrom was one of the planners and trainers for the recent and very successful series of workshops on stress reduction. Motivating force behind the 10 workshops was Patty Zindler-Wernet, who leaves her appointment as lecturer in the Biodysfunction Department of the School of Nursing in July to become a doctoral student in the fall.

Zindler-Wernet had previous experience for a year and a half with the recently completed three-year stress management project in the School of Nursing. After meeting with Rich Van Horn and David Johnson of the Training and Development Office, she was persuaded to offer a similar course in stress reduction to employees.

An impressive faculty volunteered as trainers for the sessions: "What is Stress?" — David Chiraboga, assistant professor, psychiatry, and Zindler-Wernet; "Stress and You," — Frances Cohen, assistant professor, medical psychiatry; "Relaxation/ Meditation" — Nicole Myers, of The Community, a campus organization; "Biofeedback" — Haggstrom; "Regulating Stress with Exercise" — Zindler-Wernet and Pamela Minarik, RN, master's student, School of Nursing; "Communication for Stress Reduction" — Haggstrom and Elizabeth Runyon, assistant clinical professor, School of Nursing; "Social Support Systems" — Marie Simmons, director, Clinical Social Work Department, and Micky Cohen, clinical social worker; and "Time Management" — Carol Copperud, training coordinator, Hospitals and Clinics.

Two additional workshops, one for participants to give feedback to the planners, and the other a weekend workshop on "Women Surviving Stress on the Job," were added to the series. Haggstrom and Zindler-Wernet conducted the weekend workshop.

Evaluations of the lunchtime sessions, each attended by about 50 staff employees and some community residents, were unanimously laudatory. Zindler-Wernet said the high attendance indicates a need for an ongoing program of this type to reach more employees.

How did the planners measure the success of the program? "People indicated in their evaluations that what they received they could use and apply to their daily lives," said Marie Simmons.

In the session on support systems, defined as people who can be counted on in times of need, she and Micky Cohen helped the participants identify their support systems, and they made suggestions for ways that such systems could be more effectively utilized. They discussed the importance of identifying one's needs, communicating needs clearly, understanding the response of the support system, and exercising discrimination in choosing certain people to respond to certain needs.

"In other words, not trying to make a fish out of fowl," Simmons explained.

Communication is one of the keys in stress reduction, and being aware of how one is feeling and expressing oneself, said Haggstrom. In the office scenario, one sees, she explained, a secretary who feels upset and pressured. Her frustration is taken out on the caller, who also is communicating inappropriately.

"We want to strive for good communication," said Haggstrom. "The more we understand our own communication patterns, the more we can predict conflicts and take measures to prevent them," she said.

— Jini Kilgore Robinson

Anne Miller

Planners of the successful stress reduction workshops are (standing, l-r) David Johnson, Ann Rutledge, Micky Cohen, Carol Copperud, David Chiraboga, and Patty Zindler-Wernet; and seated, (l-r) Jane Haggstrom, Marie Simmons, and Nicole Myers.

Thrift Shop Moves To New Location

Don Lorenzo

Bear-ly New has moved from Clement Street to 1909 Fillmore.

Don Lorenzo

Thrift shop volunteers along with manager Angela Rayner (second from left) are (l-r) Ila Elvin, Bertha Seeholzer, Lenore Schlesinger, and Bonnie Raskin.

Bear-ly New, the thrift shop operated by the UC-San Francisco Hospitals Auxiliary, became so popular that it outgrew its first location on Clement Street and recently established itself at 1909 Fillmore.

Bear-ly New carries slightly worn clothes, many of them designer fashions, as well as miscellaneous items. The shop is staffed by volunteers who are recruited through the Volunteer Services office at UCSF. Proceeds from shop sales are donated to UCSF Hospitals and Clinics for patient amenities.

Several new features — a boutique and a pleasant garden — have been added to the thrift shop at its new location.

Clothes and other items can be dropped off at Bear-ly New during regular store hours, 10 a.m. to 4 p.m., Monday through Saturday.

Auxiliary members say more volunteers are needed at the new location. Interested persons can call ext. 1196.

Auxiliary Elects New Officers

Don Lorenzo

Jeanette Katz (r) presents check for $25,000 to Diane Wara, MD, associate professor of pediatrics. The check is the third installment of the $100,000 pledge that the Auxiliary has made to build a new pediatric special care unit.

New officers were elected at the recent annual meeting of the UCSF Hospitals Auxiliary. Beth Martinez is president; Jeanette Katz, past president; Gene Carbone, president elect; Ronald Rankin, first vice president; Lenore Sleisenger, second vice president; Faricita Wyatt, third vice president; David Sargent, treasurer; and Susan Olness, secretary.

Guest speaker at the meeting was Charles Wilson, MD, professor and chairman of the Department of Neurosurgery. His topic was "Microneurosurgery in 1980." Music was presented by the J. Eugene McAteer High School Chamber Group. Guest of honor was Matilda "Tilly" Hogan, manager of the Gift Shop.

The third installment of $25,000 toward the $100,000 pledge to build a pediatric special care unit as part of the Moffitt Modernization program was presented by Past President Katz to Diane Wara, MD, associate professor of pediatrics.

Baby Breathes

When Valerie, a six-week-old baby girl, nearly suffocated from a severe narrowing in her breathing tube (trachea) at Moffitt Hospital, a young pediatric surgeon was forced to attempt a hazardous new operation.

A team of UCSF pediatric surgeons and neonatologists, led by Michael Harrison, MD, performed emergency surgery on the infant, removing the constricted portion of her trachea and reconnecting the tiny structure with stitches.

The operation is called a trachea resection and reconstruction and is known to have been successfully performed only once before on an infant, due to the technical problems involved with operating on the minute, fragile structure of a baby's trachea. Moreover, no one could be sure whether or not the new connection established in surgery would grow with the baby.

Valerie now is 16 months old and breathing normally. Her case was presented before the American Pediatric Surgery Association by Harrison on behalf of fellow UCSF neonatal intensive care physicians: pediatric pulmonary specialist Gregory Heldt, radiologist Robert Brasch, surgeon Alfred de Lorimier, anesthesiologist George Gregory, and pediatric pulmonary expert William Tooley.

The infant's case began shortly after her birth in Reno in 1978. She developed severe respiratory distress, a primary cause of death in newborn infants. The seriousness of her condition prompted physicians at the Washoe Hospital to have her flown to Moffitt Hospital.

Immediately, several diagnostic techniques refined at UCSF were put to use. A magnified X-ray, developed especially for tiny babies, was taken. Bronchoscopy, a procedure in which a very small periscope is lowered down the trachea, also was utilized. Both tests showed the baby was born with a deformed section of the trachea and only one lung. Tests measuring the infant's respiratory flow revealed that the constricted trachea was preventing 80 percent of the air volume normally breathed from reaching Valerie's lung.

More immediately dangerous were the small amounts of secretion forming in the baby's trachea, threatening to cut off her oxygen supply.

Because the deformed area was so deep within Valerie's chest, both a tracheotomy (opening in the throat) and a tracheal tube to keep the breathing tube open were ruled out.

When Valerie nearly suffocated, Harrison, who is assistant professor of surgery, and Alfred de Lorimier, MD, associate professor, decided to operate and reconstruct her trachea, applying the same surgical techniques as those used in adults. Now, 16 months later, the new connections in Valerie's trachea are growing with her, and the operation has been pronounced a success.

— Corinna Kaarlela

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ICN Babies Have Reunion

Professor of Pediatrics William Tooley, MD, was one of the physicians on hand to greet the ICN alumni at their reunion.

More than 100 children, all born with problems that necessitated life-saving measures in the Intensive Care Nursery at Moffitt Hospital, attended a festive reunion last month in Saunders Court with some 100 physicians and ICN staff who cared for them.

The reunion was sponsored by the ICN Parent Support Group.

"We invited about 1,000 patients — all those we could locate," said Nancy McCabe, coordinator of the support group. Approximately 5,000 babies have been ICN patients at UCSF during the past 10 years of the unit's existence. The 1,000 who were invited have been seen in the follow-up clinic for premature babies, or are cardiac, respiratory, and gastrointestinal patients, representing the four most common problems of ICN babies.

A lively program featured a clown, juggler, puppeteer, and face painting by the ICN staff. Plenty of food, games, and music was on hand, with a special treat — gospel singing by Justin Cummings and the G.L. Bedford Specials. Each child received a "Terrific Kid" ribbon as a memento of the day.

Photos by Don Lorenzo

Hospital Rounds

Learning What Everyone Else Does

You've heard of grand rounds. . . . Now there's hospital rounds. Hospital rounds is a program that began this year, sponsored by the training department of Hospitals and Clinics.

Why hospital rounds? "People need to see how they fit into the larger context of what goes on in a major teaching hospital," said Carol Copperud, who proposed the program and is coordinating it.

Rounds have been given on personnel policies, Langley Porter Psychiatric Institute, the Emergency Room, nuclear medicine, stress management, quality assurance, the disaster drill, and the physical therapy and pediatrics departments. At LPPI, for instance, according to Administrative Assistant Vera Berg, rounds included a general history of LPPI, dscussion of nursing, the teaching and training role, and patient care.

"The idea for this program took shape," said Copperud, "when a clerk in the Ambulatory Care Center requested a class. This clerk and other coworkers complained that they had no idea what happened to patients after they went through the processing area, or what the medical tests that they recorded and ordered for patients were.

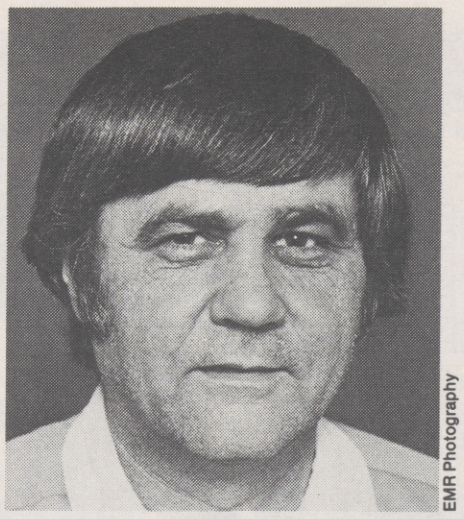
"A volunteer assessed the problem. We discovered that the clerks, who have direct contact with patients, aren't the only ones who don't know or understand much of what is going on around here."

"We want employees to know that we're all working toward the same end with the same patients and everybody's job contributes in some way. We want this program to destroy some of the consequences of impersonality," she said. "When a face is associated with a voice on the phone, or a name on a form, we tend to be more considerate and we work better."

Four Receive Public Service Awards

Don Lorenzo

Mrs. Thomas N. Burbridge, widow of the late UCSF associate professor of pharmacology in whose name one of the public service awards is given, attended the ceremony this year along with (l-r) speaker Amos C. Brown, pastor of Third Baptist Church, and award recipients James Cobb, James Louie, and Greg Thomas. Chancellor Sooy brought greetings.



EMR Photography

Roy A. Halliday

Four members of the University of California, San Francisco campus community received the Chancellor's Award for Public Service and the Thomas N. Burbridge Award in a recent ceremony and reception.

The services for which two students, a staff employee, and a research psychologist were awarded ranged from extending extraordinary help to the survivors of the Jonestown tragedy, establishing a running clinic, and providing leadership in equal opportunity in employment and education, to rescuing a community health clinic and establishing it as a national model.

Speaker for the award ceremony, held in the lounges of Millberry Student Union, was the Reverend Amos C. Brown, pastor of the Third Baptist Church of San Francisco.

Roy A. Halliday, PhD, research specialist in psychology, was acknowledged for his talent, leadership, and sustaining support during a difficult time of the Tri-City Family Planning and Community Clinic of Fremont. Through his effort, threatened federal funding was retained, additional funding secured for expanded services, and the clinic now is a national model for community health clinics. He received the Chancellor's Award for Public Service.

Greg Thomas, who also received the Chancellor's Award for Public Service, organized the UCSF Running Clinic, a weekly activity that includes lecture, exercise, and a run through Golden Gate Park. Thomas was a full-time honor medical student with clerkship responsibilities when he organized the clinic. The format of this clinic has been adopted in other areas of the state and nation.

James Cobb, a senior student in the School of Dentistry, winner of the Thomas N. Burbridge Award for Public Service, jeopardized his professional studies and his life to let the truth be known about Jonestown and to help in various ways more than 200 survivors of People's Temple. Cobb, who lost some of his own family in the Jonestown tragedy, was a member of Congressman Leo Ryan's investigative team.

James Louie, of the affirmative action office, and also winner of the Burbridge Award, has given many years of community leadership throughout the Bay Area in advancing the employment and educational opportunities of minorities. With the Berkeley Unified School District, he advocated bilingual and bicultural programming; with the Bay Area United Way, with which he has been affiliated for the past 15 years, he has sought to have priority attention given to serving the needs of minority communities. He has worked to improve youth programs available for the Chinese community through the Chinatown YMCA in San Francisco; and, as chairman of the Berkeley Police Review Commission, he has contributed to the upgrading and maintenance of effective police services in Berkeley.

The Chancellor's Award for Public Service is presented each year to persons who have performed outstanding service to the community at large over and beyond that required by their University position. Recipients are given a certificate and a cash award of $500.

The Thomas N. Burbridge Award for Public Service is given in memory of Dr. Burbridge, the late UCSF associate professor of pharmacology, to persons whose public service, like Dr. Burbridge's, reflects a commitment to social justice and equal education and employment opportunities. Recipients are given a certificate and $600, $100 of which is contributed by the UCSF Black Caucus.

Freeman Bradley, director of the Research and Development Laboratory, served as chairman of the Chancellor's Public Service Award committee.

Volunteer Honored

Ralph Hoyos, Acute Care Clinic and Hospital Administration volunteer, was one of 11 persons chosen from among 2,000 nominees in the five Bay Area counties to receive the 1980 Bay Area Volunteer Activists Awards.

The annual awards were sponsored by Macy's of California, the Volunteer Bureaus of the five-county area, and the Germaine Monteil Corporation. The awards were presented at a May luncheon at the City Club in the St. Francis Hotel.

Hoyos was acknowledged for his work as liaison between the hospitals and clinics and Spanish-speaking patients. In this capacity, he translated the dialysis information and procedural brochures for new patients, and he is presently on hand at outpatient clinics as an interpreter.

Volunteer Services has rated his contributions in communication, which enhance relations with Spanish-speaking patients, as invaluable. The Volunteer Activist Program was designed to support local volunteer programs by increasing public awareness, encouraging citizens to become volunteers, and raising the status of volunteers.

Lundblad Chairs United Way Drive

Don Lorenzo

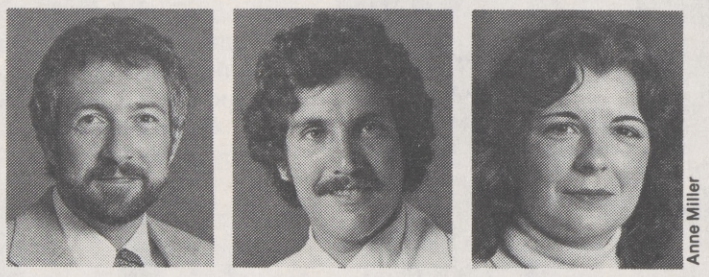
Art Lundblad, assistant dean in the School of Dentistry, receives appointment by Chancellor Sooy to be chairman of UCSF's 1980 United Way campaign.

Child Care Center Receives Gifts

A flowering Japanese cherry tree and a small children's vegetable garden are the results of two recent gifts to the UCSF Child Care and Study Center. The flowering tree was planted in memory of Edythe B. Goldfield, MD, former assistant clinical professor in the Department of Medicine, who died last November. Her husband, Michael Goldfield, MD, assistant clinical professor of psychiatry, designated the memorial fund for the tree. Contributions to the fund were given to the Alumni Association of the School of Medicine where his wife had been a medical student.

According to Meryl Glass, director of the center, the tree will be surrounded in a few months by a vegetable garden made possible through a gift from the Faculty Wives Association. Traditionally, the Faculty Wives present a small monetary gift to their outgoing president. This year the gift was given to outgoing president Verle Grossman, wife of Moses Grossman, MD, vice chairman and professor of pediatrics, as well as to Betty Sooy, wife of Chancellor Sooy. In their names the gift was contributed to the center.

MOVING IN & UP



Anne Miller

Charles Francis *Jim Fink* *Lynda Purves*

Charles H. (Chick) Francis is the new UCSF personnel manager. He comes to UCSF from Sangamon State University in Illinois, where he was director of Personnel and Auxiliary Services. At UCSF he will be responsible for Development and Training, Classification and Payroll, Employee Relations, Unemployment Insurance, Benefits, and Employment.

Francis earned a master's degree in business administration and did his undergraduate work in psychology. He has completed course work toward a doctorate in educational administration. He brings more than 18 years of personnel experience in government and higher education.

"I intend to provide the highest degree of personnel services possible to the UCSF community," Francis said.

Francis and his wife Jean have three children: Ann, Pat, and Chris.

Rose Barry has been appointed outpatient billing manager, Hospitals and Clinics. She formerly worked as a senior administrative analyst in the Patient Accounts Department, and before that she was at Intercommunity Memorial Hospital in Fairfield and at Kaiser, San Francisco. Barry currently is completing a B.S. degree in Health Services Management Program at Golden Gate University, with plans to enter the master's program in fall 1981.

Jim Fink has been appointed technical director of UCSF Respiratory Care Services. Before taking the new position, he served as acting technical director and as education director.

Lynda Purves, formerly acting office manager for the director of UCSF Nursing Administration, now is in charge of the recruitment of nurses.

LPPI Volunteers Acknowledged

Langley Porter's award-winning newsletter, *The Langley rePorter,* recently acknowledged three individuals who have provided volunteer services on the children's unit. They are Karen Purser, Lisa Tudisco, and Myra Kaplan.

Purser, a social worker, who worked in England with autistic children, has volunteered eight hours per week for the past year. Tudisco, a nursing student, volunteers 10 hours a week, and Kaplan, a potter who is studying art therapy, volunteers 10 hours a week.

Additionally, psychiatric nurse Mary Anne Broker was named "Volunteer of the Month" by the American Cancer Society for her work during the past year in conducting some 40 cancer prevention education programs for employees of San Francisco banks.

Editorial Assistant Has First Art Exhibit

Allison Miller, an editorial assistant with the UCSF Department of Medicine at SFGH, and a talented artist, had her first professional exhibition of paintings and sculpture during June at the San Francisco Museum of Modern Art Rental Gallery at Fort Mason.

Miller, who has always wanted to pursue a fine arts career, grew up in an artistic family. Her mother, Jean Miller, was an art historian at the University of Hartford, Connecticut. In 1974, Allison Miller graduated from the San Francisco Art Institute. Like most young artists, she found she had to take a full-time job "to keep myself in brushes and paints."

She went to work for a local firm that provides computerized analyses of electrocardiograms for physicians. It was her first experience in the medical field and eventually led her to apply for her present job, typing scientific manuscripts for the medical faculty at SFGH. For the past 18 months, while working at SFGH, she has been completing the collection of vibrant abstracts and modern sculpture that was shown in the recent exhibit. Also displayed were photographs by Carl Dern and sculpture by Dale Kistmacher.

Don Longanecker

Blood Donation Drive

Blood drives are held three times a year at UCSF. Coordinated by the Campus Tours and Speakers Bureau Office, in cooperation with the Irwin Memorial Blood Bank of the San Francisco Medical Society and with Associated Students of UCSF, the effort helps supply needed blood and entitles donors to blood credits.

The last drive, held in May, netted 209 pints. Winner of the donors' raffle, which is sponsored by the ASUCSF, was Sharon Zwerin, supervisor of UCSF Hospitals Admissions. She received a $30 gift certificate for Scott's Seafood Grill in San Francisco.

Blood donor credits can be applied to the UCSF Blood Bank account to cover blood replacement needs of any student, faculty member, or employee. Another way to credit a donation is to specify the UCSF obstetrics account for the needs of mothers and babies in Moffitt Hospital. In addition, a personal account in the donor's name can be established for any patient in Moffitt or UC Hospital.

Deya: A Vacation To Remember

Harriet Weller examines pieces of a bowl dated back to 1300 B.C. that she and her Earthwatch group found at the Son Muleta seaside rock shelter on the island of Deya.

The vacation scene for Harriet Weller last summer was Deya, a small village on Majorca, one of the fabled Spanish Balearic Islands in the Mediterranean.

And while the spot is all of the things one might imagine a tucked-away Balearic Island should be — inviting relaxed days and fun-filled nights — it is also the site of archaeological studies exploring the area's megalithic culture; so, instead of sunbathing and reading novels, Weller, administrative analyst and admissions officer in the School of Dentistry, spent her vacation as a member of an Earthwatch-sponsored archaeological dig.

Each day Weller and her 11 coworkers participated in field explorations and did some laboratory and museum work.

"We were involved in exciting work helping William Waldren, founder of the Deya Archaeological Museum and Research Center, who has been conducting excavations in this area for about 20 years," said Weller.

Waldren, who spends half of his year in Deya and the other half at Oxford University writing about his island research, began excavating the Son Muleta Cave in 1962. The excavation has reached 30 feet in depth and has produced findings that date man's existence on the island back to 5000 B.C., instead of 1800 B.C., as was previously believed. The major finding substantiating this dating is *Myotragus balearicus,* a member of the antelope family, whose remains were found in a natural animal trap located in the Son Muleta Cave.

Weller and her group opened an excavation site on the Son Muleta seaside rock shelter and found the bowl pictured here, which is dated to 1300 B.C. They made trenches at Son Fernandell, a settlement site of Talyotic (stone tower period) and possible pre-Talyotic origin, inhabited probably between 1500 and 123 B.C. Here the group uncovered habitat outlines, probably collapsed roof supports, amphoras, and glass beads from the Venetian period.

"The field work consisted of digging, sifting, sorting, and grouping," said Weller. "But we also worked in the laboratory, where we cleaned specimens, numbered them, did bone classifications, ceramic reconstruction and illustration, and soil washing. At the museum we cleaned and reorganized displays."

Pieces of the bowl found in the seaside rock shelter on Deya.

Photos courtesy of Harriet Weller

Pieces of an amphora found at Son Fernandell, a stone tower period settlement site.

If it sounds like hard work for a vacation, Weller will admit that it was. "But very different from sitting down at a desk all day," she said with a smile. She said she enjoyed working outdoors in the soil and learning so much about an ancient civilization.

"Earthwatch is an interesting way to have a vacation in a completely different way," she said. "The 12 people in my group were from places all over the country. They were retirees, college students, people from all walks of life — and very fascinating to be with."

A quote by Weller in Earthwatch's publication sums up her experience:

"It may take months to get the smile off my face, but as long as the memory of Deya is with me, I'm going to have a hard time not looking like a little kid at a parade."

—Jini Kilgore Robinson

Big Turnout for Blood Pressure Screening

Approximately 500 faculty, staff, and students had their blood pressure taken during UCSF's second annual screening day in May. Held in conjunction with the National High Blood Pressure Month, sponsored by the NIH Heart, Lung, and Blood Institute, and the National High Blood Pressure Education Program, the day brought attention to everyone's need to have an annual check to detect the disease that has no symptoms.

"We had 30 elevated readings," said Vida LaBrie, senior planner in Public Service Programs, who, with a seven-member advisory committee, planned the screening day. She said a new feature of the program is follow-up through the Screening and Acute Care Clinic for employees and the Student Health Service for students. Additionally, Public Service Programs sent letters to those persons with elevated readings to remind them to pursue follow-up care.

About 30 faculty, staff, and students volunteered to record blood pressure, do intake and counseling, along with a representative from the San Francisco Hypertension Council and volunteers from UCSF Volunteer Services. The schools of Nursing, Medicine, and Pharmacy were represented.

Advisory committee members were Tom Gwyn, director of Public Service Programs; Linda Civitello, administrative analyst for Public Service Programs; Sharon Beckham, coordinator of Volunteer Services; Dorothee Perloff, clinical professor of medicine; Betty Feruta, acting coordinator of Academic Services, School of Nursing; Zina Mirsky-Frazier, assistant dean in the School of Nursing; and Irene Lewis, assistant professor in the School of Nursing.

In June, Public Service Programs provided an on-site screening for an additional 50 or 60 Hospital Accounting and Education Media Resources employees who work at the Far West Labs Building on Folsom Street.

Aging Health Policy Center Established Here

The University of California, San Francisco has received a major grant from the Administration on Aging to establish a National Aging Health Policy Center dedicated to the special health and social problems of older Americans.

The only one of its kind in the country, the center will be organized as a multidisciplinary, multifunctional research, educational, and public service resource in the School of Nursing. It will receive primary support from the UCSF Department of Social and Behavioral Sciences of the School of Nursing, from the Health Policy Program, and the School of Medicine Graduate Program in Medical Anthropology.

The initial work of the new center will be an extension of research and analysis programs already being carried out at UCSF through the School of Nursing's aging health policy center, which has been highly successful in developing a unique multidisciplinary approach to work in this field.

Principal investigator for the grant project to establish the national center is Carroll L. Estes, PhD, UCSF professor of social and behavioral sciences and director of the School of Nursing aging center. Principal co-investigators are Philip R. Lee, MD, director of the UCSF Health Policy Program, School of Medicine, and Margaret Clark, PhD, professor and chairman of the medical anthropology program, Department of Epidemiology and International Health.

The grant, effective July 1, totals $800,000 and will be awarded over the next four years.

Major purposes of the national center, Estes said, are to advance the knowledge of aging health policies and services through research and analysis, to educate health professionals, health providers, and government policymakers about the special needs of the elderly, and to contribute to the solution of health policy problems relating to this special age group through the dissemination of information and study findings.

New Program Begins for Retirees

The Employment Division of the Personnel Department is providing job development and placement services for retirees through a new pilot program known as the Retirees Employment Program (REP). The pilot is being conducted for the School of Medicine staff because School of Medicine Dean Julius Krevans has for a long time been concerned about the underutilization of retirees' skills.

Efforts are being made to recruit retirees who can work on part-time or temporary assignments consistent with UCRS, PERS, and Social Security requirements. They will be employed as supplementary staff assistants in administrative, clerical, or research jobs.

School of Medicine supervisors have been meeting with REP coordinator Faricita Wyatt to explore facets of the program and to discuss employment opportunities. Supervisors have expressed enthusiasm regarding the program's potential to ease some of the problems of staffing and to provide opportunities for retirees to be involved in mainstream activities.

Charitable Foundation Receives Plaque

Senator Milton Marks was the guest speaker at a recent program and presentation of a bronze plaque honoring the Charitable Foundation of the Native Sons of the Golden West. The plaque will be displayed permanently in the main lobby of the new School of Dentistry building.

Over the past 27 years, since it adopted the UCSF Center for Craniofacial Anomalies as its primary statewide project, the Native Sons Foundation has contributed nearly a half million dollars to the center. This support has helped thousands of children born with malformations of the face or jaws to lead normal lives.

The plaque was presented to Colin B. Campbell, of Sutter Creek, grand president of the Native Sons of the Golden West, by Dean Ben W. Pavone of the School of Dentistry; Dr. Egil P. Harvold, former director of the Center for Craniofacial Anomalies; and Dr. George Chierici, acting director of the center. Campbell presented the Native Sons' latest gift to the center, a check for $15,000.

Don Lorenzo

(L-r) Dean Ben Pavone, Senator Milton Marks, and Grand President of the Native Sons of the Golden West Colin B. Campbell are shown here with the bronze plaque that will hang in the lobby of the new School of Dentistry.

BULLETIN BOARD

Whitewater rafting trips for the spring and summer are being organized by Outdoors Unlimited. A trip has been planned for almost every weekend to the American, Stanislaus, Merced, and other rivers. No experience is necessary. Costs, including shared boat rental, carpooling, gas, and food, are estimated to be about $35 per weekend. The trips are posted at the Outdoors Unlimited Center, 24 Kirkham Street, between Fourth and Fifth Avenues. Sign-up will begin two weeks prior to the date. For more information call ext. 2978 Monday – Friday, 11:30 a.m. to 1:30 p.m., and 4 to 6 p.m.

A home parenteral nutrition program is available to UCSF patients to handle all aspects of parenteral (feeding through veins or tissues) nutrition, including patient selection, insertion of lines, patient training, long-term follow-up, delivery of supplies, and insurance billing. This service is designed for adult and child patients who have specific illnesses, including but not limited to short-bowel syndrome, chronic bowel obstruction, intestinal fistulae, malabsorption syndromes, and intra-abdominal carcinoma. The home parenteral team is comprised of physicians, pharmacists, and a nurse specialist. Candidates will be referred to this program by their physicians. For more information write to the Home Parenteral Nutrition Service, HSE 585, or call ext. 4088.

A breast cancer risk analysis program is under way at UCSF. Using a unique approach to determine a woman's risk of having breast cancer, the program calls for two interview sessions (each about an hour) at $50 per session. During this time information is gathered on family and medical history; assessment of it is based on knowledge from three disciplines: genetics, epidemiology, and surgery. Project Director Patricia Kelly, PhD, of the Department of Epidemiology & International Health, says there is a new and higher level of accuracy in making breast cancer risk predictions. For example, it is now known that in some families women whose relatives had breast cancer after menopause and in only one breast may have only a 7 percent lifetime risk, while women from families in which breast cancer occurred before menopause and in both breasts have a probable lifetime risk of 50 percent. For information and appointments call ext. 1375.

UCSF's Rosalind Russell Arthritis Center offers ongoing free health education classes for persons who have arthritis. A class in rheumatoid arthritis teaches individuals about the medical and psychological aspects of the disease. Osteoarthritis classes provide information to increase understanding of this form of arthritis known as "wear and tear disease." Movement classes teach appropriate home exercises. For registration or further information call ext. 1192.

Parents can borrow a safe infant car seat and keep it until their infant weighs 20 pounds through a "Loan-A-Seat" program sponsored by The Childcare Switchboard and the San Francisco Department of Public Health. A $10 deposit is required, which is refunded when the seat is returned. Arrangements can be made by contacting Norisa Berardi or Beverly Kimball at 826-1130 between 9:30 a.m. and 4:30 p.m.

The UCSF Child Care/Study Center has openings for three- and four-year-old children. Interested parents are invited to visit the center at 610 Parnassus, or to call ext. 1616. Rates are $225 per month, $150 for children of students.